

WHAT TO ASK AT YOUR COSMETIC SURGERY CONSULTATION

It's important to ask the right questions at cosmetic consultations. Bring this list along, and you'll be all set.

Before your consultation:

- **Gather your medical history**, including medications and conditions you have or have had in the past
- **If possible, fill out paperwork ahead of time.**
- **Write down any extra questions you have in the "my own questions" section below**
- **If inquiring about breast enhancement, bring extra tops to try on during your implant sizing session**

Surgeon Name: _____ Consult Date: _____

Qualifications & Experience

Do you practice cosmetic surgery exclusively? _____

Do you have hospital privileges? If so, where?

How many times have you performed my procedure of interest? _____

How often do you perform this procedure? _____

Your Procedure

Am I a good candidate for my procedure of interest? _____

If not, are there steps I can take to become a good candidate? _____

What can this procedure achieve for me? _____

Are there any alternative or complementary procedures I should consider? _____

What does recovery involve? _____

What are the risks? _____

Safety

Where will the surgery take place? Is this facility accredited? _____

What type of anesthesia is required for this procedure? _____

Who performs anesthesia and what are their qualifications? _____

How would you respond if an emergency were to occur during surgery? _____

My Own Questions

1. _____

Answer: _____

2. _____

Answer: _____

3. _____

Answer: _____

Notes: _____

